Welcome Back to Term Four.

We are already well underway with learning this term, I have had the pleasure of seeing and hearing about personal interest projects (PIP) and summarising bracelets. I was very impressed with the students in 1/2H who came and summarised the main points of their stories to me.

Kindergarten Transition

Wow what a wonderful group of potential kindergarten students that came for their first transition session today, there were not many tears and the children had a wonderful time with Mrs Brooks and Mr Hall. We had our parent information session that went well with school banking, healthy lunch box sessions and Ms Drage and Ms Daly sharing great ideas for Literacy. Thank you to Mrs Marshall (aka Ms Hayes) for your leadership and organisation of Kindergarten transition all the staff who assisted in organising today.

Update of the crossing on Laycock street

Just an update that I have not had any further correspondence from the minister with regards to our petitions and request that the process of selecting schools for a crossing supervisor be amended, to reflect the amount of vehicles on the road and not so much a specific amount of children using the crossing. As soon as I hear any information back from the minister I will advise as soon as possible.

Special Dates :

OCTOBER:
16th: SLUSHIE DAY
21st: Year 6 Fun day
22nd: Whole School Assembly 2pm
23rd; 3-6 Rouse Hill and Farm
27th: Kindergarten Transition 9.15am
28th; K-2 Powerhouse Museum

2016 Kindergarten enrolment forms are now available

LIKE US ON FACEBOOK

“Braddock Public School official”
P&C 2015 update

The school P&C formed a new committee in term one this year, however due to many circumstances beyond their control are not continuing for the rest of the year.

The school organised a small fundraising committee which was supported by Cheryl Dodds, Lisa Holt, Ashlea Holt, Cheyenne and Rea Kellaway and Jade Armstrong to run the Fathers Day stall for this year, the amount of money raised was $784.45, however we spent $627.96 on purchases which gave us a profit of $156.49.

I would like to seek the school community’s opinion on forming either a new P&C for 2016 or a school based parents and friends group that would be covered by the school and not run as a P&C.

I would like to invite you to come and have a chat on Friday 24th October in the making tracks room. The meeting will start after the morning muster around 9.20am. Your support, suggestions and opinions are appreciated. Please come and share your views.

I would like to give special thanks to this years P&C members, the President of the P&C Mrs Cheryl Dodds, the Treasurer Ms Sharon Kennedy, the Secretary Ms Dianne Finney and the Vice President Ms Brooke Barnes for your commitment and efforts in running this years P&C.

Mrs Kim Smith—Principal

SLUSHI DAY
Raising funds for the K-2 excursion
Recess Friday 16th October
$1.00 each
Orders will be taken in class on Friday morning and delivered to class before recess. (limit one per child)
Leftover slushies will be for sale at recess.

Book club due on 26th October 2015
PIP Projects

In 34D last term we were learning about the effects of heating and cooling in everyday life. Lots of things we use everyday heat and cool things: like fridges and cookers. Some toys are made using a heating and cooling process. Marbles are made by melting glass, shaping it and cooling it again.

The water cycle

Solar powered house

Volcanoes

A really cool poem

Go karts of course!!
White Ribbon Day Event

Braddock Public School

YOU ARE INVITED!

LET’S DRAW THE LINE AGAINST VIOLENCE!

Braddock Public School are now a White Ribbon School, as we have made a commitment to participate in the Breaking the Silence School Program. This program will build on existing initiatives at Braddock, and assist in embedding tailored strategies for the prevention of men’s violence against women, and strengthen our schools culture of respect.

When? — Tuesday 24 November 2015

11:00am - Sausage Sizzle $3,
- Drinks and white cupcakes $2 each
11:40 am - We will assemble on the bottom playground and hand in hand make a ‘human line’ to represent drawing a line against violence.

Who? — Staff, students, parents and carers, members of the wider school and Cranebrook community is invited to participate. ANYONE who wants to take a stand against violence!

What? — All participants are asked to wear a white t-shirt. Our aim is to make the longest white line possible with the people from our community.

Please RSVP by Friday 6 November
to Braddock Public School - 4729 0392
I am responsible.

I arrive on time.

---

**EVERY MINUTE COUNTS....**

<table>
<thead>
<tr>
<th>When your child misses just...</th>
<th>that equals...</th>
<th>which is...</th>
<th>and therefore, from Kindy to Year 12, that is...</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes a day</td>
<td>50 minutes of learning each week</td>
<td>Nearly 1 1/3 weeks per year</td>
<td>Nearly 2 1/2 years of school</td>
</tr>
<tr>
<td>20 minutes a day</td>
<td>1 hour and 40 minutes of learning each week</td>
<td>Nearly 2 1/3 weeks per year</td>
<td>Nearly a year of school</td>
</tr>
<tr>
<td>1/2 hour a day</td>
<td>1/2 a day of learning a week</td>
<td>4 weeks a year</td>
<td>Nearly 1 1/2 years of learning</td>
</tr>
<tr>
<td>1 hour each day</td>
<td>1 whole day of learning each week</td>
<td>8 weeks per year or nearly a term a year</td>
<td>Over 2 1/2 years of learning</td>
</tr>
</tbody>
</table>

*Your child’s best learning time is at the beginning of the day...*

*School starts at 9:00am*

*BE ON TIME!*
RAISING BOYS
a special evening with Steve Biddulph


Monday 26 October 2015. 7:30pm
Fusion Western Sydney Youth and Community Centre
12 Carsons Lane, St Marys
Cost: $20 per person or $15 concession per person
Bookings: www.fusionwesternsydney.org.au

Stepping Stones Triple P Parenting Seminars Series
Helping Your Children Reach Their Potential

Is this you?
Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won’t eat her dinner. Or your 9 year old won’t share his toys. If only someone could give you some ideas to make these times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

What is a Stepping Stones Seminar?
Stepping Stones Triple P seminars tackle the most common issues for parents of children with a disability. Seminars are for large groups of parents - possibly 20 or more. It’s an informal presentation, a little like a public forum. There are three seminars that each last 90 minutes and cover a different topic. We encourage parents to try to attend all three.

<table>
<thead>
<tr>
<th>Seminar Topic</th>
<th>Dates</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive Parenting for Children with a Disability</td>
<td>20 October 2015</td>
<td>10am to 10pm</td>
</tr>
<tr>
<td>Helping your Child Reach their Potential</td>
<td>30 October 2015</td>
<td>10am to 10pm</td>
</tr>
<tr>
<td>Changing Problem Behaviour into Positive Behaviour</td>
<td>9 November 2015</td>
<td>10am to 10pm</td>
</tr>
</tbody>
</table>

Where: South Penrith Neighbourhood Centre, T Trent St, South Penrith
Cost: FREE - As this is part of a research project
Who: Any parent/carer of a child with a disability age 2-12 years
How: To register your interest in free parenting support contact the Stepping Stones Triple P research team via phone: 02 9114 4106, email: Pen.rich@health.nsw.gov.au or website: http://www.steps4kids.nsw.gov.au/feel/find a Stepping Stones session/

Nepean Community & Neighbourhood Services
Respect, Resilience, Reconciliation
www.nepeancommunity.org.au

WHITE RIBBON DAY
TWILIGHT RIVER WALK
WEDNESDAY 25 NOVEMBER 2015

#PENRITHWHITERIBBON
ABOUT OUR FOOD SOLUTIONS

Christ Mission Possible (CMP) began its food operations in September 2006 providing hot meals on the streets to people in need around Mt Druitt. Today, together with our loving staff, faithful volunteers and committed partners, we achieve amazing things.

In caring for our community, we harvest food that would otherwise be discarded as we believe that good food should not go to waste but should be redirected to those in our communities that require it the most.

CMP provides the following food solutions:

• HARVEST & RESCUE FOOD
  We Harvest/Rescue over $15,000,000 worth of food every year, which equates to over 2,000,000 meals each year. Our Harvest Program redistributes food to people who need it most.

• FOOD BANK
  We provide a Food Bank model where we equip local charities, churches and community groups to support their communities. There is no cost involved as we have a simply philosophy, freely we receive, freely we give!

• ASSERTIVE OUTREACH PROGRAMS
  Through our Assertive Outreach Programs we meet the needs of over 7000 people each week through our street meals, Free Food Shops, School Programs and food hampers.

“With man this is impossible but with God all things are possible”
- Matthew 19:26

Christ Mission Possible Incorporated
ABN: 24 707 528 912
21-22/83 Cox Avenue, Kingswood NSW 2747
Phone: 1300 HELP 2U or (02) 4704 8809
www.cmp.org.au

ST MARYS

SUNDAY 12pm (Every Second Week)
• Plus a free meal
  Coachman's Park - Queen Street, St Marys
  Jesus is Lord - Worship Centres

PENRITH / KINGSWOOD

TUESDAY 9am – 12pm
  The Rock Community Centre - 32 Copeland Street, Kingswood

WEDNESDAY 7.30am
  Judges Car Park, Tindale Street, Penrith

CRANE BROOK

WEDNESDAY 3.30pm - 4.30pm
  Koolyangarra Aboriginal Child and Family Centre
  1 Kington Place, Cranebrook
  (The Rock Community Centre)

MONDAY 9am - 11am
  (Please bring your own bag)
  Tregear Presbyterian Community Church
  123 Ellsworth Drive, Tregear

WEDNESDAY 12pm - 1.30pm
  PVC Mt Druitt - 451a Laxford Rd, Mt Druitt

THURSDAY 4pm - 5.30pm
  Emerton Youth Centre - 56 Copeland Road, Emerton

THURSDAY 6pm - 8pm
  Plumpton Community Church
  (Outside Commonwealth Bank)
  Dawson Mall, Mt Druitt

FRIDAY 9.30am - 12pm
  St James Anglican Church
  Corner Hallind and Karangi Road, Whalan

FRIDAY 3.30pm - 4.30pm
  In the park (Winds of Freedom)
  Corner Birdwood Avenue and Rosenthal Street, Doonside

MT DRIUJT

SUNDAY 12pm
  Mt Druitt Community Centre

SATURDAY 8am
  Mt Druitt train station, at the station
  Mt Druitt Calvary Life Christian Church International

BLACKTOWN / ROOTY HILL

THURSDAY 7pm - 8pm
  Outside Blacktown Post Office Main Street
  (Opposite train station), Blacktown Love of Jesus Christ
  Christ Church, Radiance of Jesus Christ

SATURDAY 9am - 10am
  Rooty Hill Shops (Opposite train station) - Rooty Hill
  Road North, Rooty Hill, Reflections Christian Ministry
General dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics.

Clinic Locations:
PENRITH | WINDSOR | SPRINGWOOD | KATOOMBA | LITHGOW
PHONE (02) 4734 2387 or 1300 769 221

Brooke's Car Rally
"Rallying to Make a Difference"
SUNDAY 1ST NOVEMBER 2015
My name is Brooke and I am 9. Please join me in raising money for the Children’s Hospital at Westmead & Epilepsy Research!
Fun FOR THE WHOLE FAMILY!
Car Rally, Picnic, Raffle & Fun Games!
BBQ PROUDLY SPONSORED BY OUTBACK STEAKHOUSE PENRITH!
ONLY $15 PER VEHICLE!
For more information, please call Amanda on 0430 049 189
or visit www.brookescarally.com.au

All proceeds donated to the Children’s Hospital at Westmead and their Epilepsy Unit
LIKE US ON FACEBOOK!
Nepean Community & Neighbourhood Services
RESPECT, RESILIENCE, RECONCILIATION.
www.nepeancommunity.org.au

**ADHD workshop FREE**

for parents who want to know more about ADD/ADHD/ODD

A one-hour seminar on:
- What is ADD/ADHD/ODD
- Treatment
- Interventions

Followed by an hour of discussion and questions.

Special guest: Janine Boggis, a parent of four children with ADHD.

Friday
16th October 2015
10am to 12pm
Floribunda Community Centre
1 Floribunda Ave
Glenmore Park

**To book your place**
Phone: Narelle on 47218520 or 0409986121
Email: narelle@nepeancommunity.org.au

RICHMOND COMMUNITY SERVICES INC.

You are warmly invited to our 2015 Annual General Meeting
Tuesday 27th October, 1.30pm

Celebrating 35 years of service!

Followed by a wonderful Afternoon Tea!

Richmond Community Services Inc.
At Richmond Neighbourhood Centre, 20 West Market St, Richmond
R.S.V.P please for catering;
Helen on 4588 3501 or admin@rcsi.ngo.org.au

All AGM votes shall be given personally or by written proxy - which has been seconded by a member eligible to vote at the AGM. Written proxies by members must be lodged with the organisation five (5) clear working days prior to the date of the meeting. Except the proxy shall be required to be acknowledged by either the President or the Manager of RCSI on the date of receipt. Unregistered proxies will not be recognised at the meeting. People wishing to nominate to become committee members must nominated to become Social All members first and can submit forms at the AGM. Existing Financial members can review their membership at the AGM.

David Macdonald, President
Richmond Community Services Inc.

HealthOne Update September 2013

Nepean Community & Neighbourhood Services
RESPECT, RESILIENCE, RECONCILIATION.
www.nepeancommunity.org.au

**HealthOne Cranebrook**

Located at Concordia Community Health Centre Corner Lapwood Street and Concordia Way Concord

About HealthOne
HealthOne is a community based initiative, designed to add an additional priority to health needs of Cranebrook, local consumers, general practitioners, non-government organisations, Primary Health Network and the local Health District. It is a collaboration to identify the health needs, gaps and barriers to address the service gaps.

HealthOne is building the Cranebrook Blue Mountains region is the second initiative Concordia Community Health Centre (CCHC) with an extension of existing community health services. The objectives of HealthOne Cranebrook include:

- improving access to health services
- improving the integration of existing services
- provide coordination for clients in need.

**HealthOne Drug and Alcohol Assessment Clinic**

Every Thursday 1.30pm-4.00pm

What is it?
This FREE clinic is for people in the community wanting to access a support service to help them with their drug or alcohol problem.

How to Make an Appointment
- Call the Drug and Alcohol Central Intake Line: 1300 666 095 (24/7)
- Drop in to the clinic on Thursdays 1.30pm-4pm
- Local GPs can also refer patients by calling the Drug and Alcohol Central Intake Line: 1300 666 095 (24/7)

**HealthOne Midwives Pregnancy Care Clinic**

Every Friday 8.30am-9.00pm

What is it?
The aim is to provide accessible Antenatal care within the local community. The clinic will also introduce you to other services in the community that you may need after your baby is born.

How to Make an Appointment
- Call the Antenatal Clinic at Nepean hospital (02) 4735 7275
- HealthOne Cranebrook: (02) 4735 3200 (Monday-Friday 8.30am-9.00pm)

What else is happening at Cranebrook Community Health Centre

Child and Family Health Nursing including home visiting for all new parents. Early Childhood Health clinics, support with infant feeding and parenting, developmental screening and supporting groups. There is a focus on Aboriginal families with children aged under 10 years across the Parish. Life Through the Building Dropout Foundation program.

- Counselling services for children, young people, families and adults
- Speech Pathology for children
- Occupational Therapy for children
- Paediatrics

Further information can be found here: http://www.health.nsw.gov.au/communityservices/LifeThroughBuildingDropoutFoundation.html
During the holiday, the staff at Braddock attended a Professional Learning Session where John Joseph M.Ed presented a session on Neuroeducation titled *Learning with the Brain in Mind*. During this session staff enjoyed six amazing hours of learning about how to create conditions that optimise students’ engagement in classroom learning.

As a part of this term’s Bradbits, we plan to share some of the learning that is relevant to you at home, which will assist in supporting your children and will ensure they come to school ready to engage!

As a part of the session John gave information on:

**25 Ways to Become a SuperStar Learner!**

We will be sharing these tips with you this term!

**Get a good night’s sleep on school nights!**

Primary school children should get between 10 – 12 hours of sleep per day

*Source* – Australian Centre for Education in Sleep